

## **Ask 3 Questions**

## There may be choices to make about your healthcare.

Make sure you get the answers to these three questions:\*

## What are my choices?

How do I get **support** to help me make a decision that is **right for me**? What is **good** and **bad** about each choice?





Your healthcare team needs you to tell them what is important to you. It's about shared decision making.

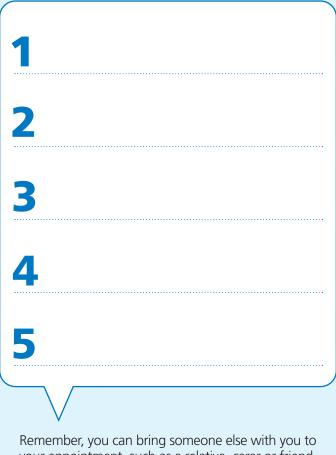


\*Ack 3 Questions has been adapted with kind permission from the MAGIC programme, supported by the Health Foundation.
Ack 3 Questions is based on Shepherd HL, et al. Three questions that parents can ask to improve the quality of information physicians give about treatment options: A corsover trait. Patient education and Counselling, 2011;84: 379-82





## Other questions I would like to ask during my appointment:



your appointment, such as a relative, carer or friend.